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# Philadelphia

## Best Champions For A Cause

Jen & Chase Utley  
with SPCA kittens  
(Chase not available  
for adoption)



# Best of Philly

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# Best of Philly



## Body Repair

Why everybody who's anybody (if that body is hurting) goes to physical therapist and trainer **Joe Zarett**: He fixes you. You can take the word of this magazine's editor, Bad-Back Larry Platt, who's gone to Zarett for that and for tendonitis and for general help pumping up (snicker) "the guns." Or you could ask the Penn tennis team, or Advanta CEO Dennis Alter, or über-lawyer Paul Rosen, or just about any Rittenhouse or Main Line weekend athlete who's suffered the agony of injury or aches of aging. The pain gets a body in the door of **Zarett Rehabilitation Associates**, and then restorative therapy leads to a workout routine. The come-for-rehab-stay-for-health drill is so popular that Zarett nearly doubled his patient load last year; this month, he unveils an expanded space that fits four times the state-of-the-art equipment—and way more bodies.

➤➤➤ 520 South 19th Street, 215-731-1449, [zaretrehab.com](http://zaretrehab.com).